



REDDING  
**SPINE & SPORTS**  
MEDICINE

530-244-4608 • FAX 530-247-1096 • reddingspineandsports.com  
P.O. BOX 992316, REDDING, CA 96099 • 1945 SHASTA STREET, REDDING, CA 96001

Date:

Dear

Welcome to Redding Spine & Sports Medicine. Please complete the enclosed medical history form prior to your scheduled visit. Providing as much information as possible allows the providers to correctly identify your problem. We kindly ask that you have this paperwork with you and completed, including signatures where indicated, when you arrive for your appointment.

In the event that you are unable to keep your scheduled appointment, we are happy to reschedule for you. Please give **at least 24 hours notice** for a cancellation.

We look forward to providing you with the highest quality medical care and we hope your visit will be a pleasant one. Please feel free to contact us should you have any questions or if we can be of assistance, at **(530)244-4608**.

Sincerely,

The Staff of Redding Spine & Sports Medicine

### Reminders

#### Your Appointment

**Day:**

**Date:**

**Arrival Time:**

**Appt Time:**

#### What To Bring

- **This packet, completed with signatures/initials**
- **Insurance card(s)**
- **Drivers license**
- **Payment or copayment for specialist office visit**
- **Medical records pertaining to reason for visit, if applicable**

Directions:

From Interstate 5, take exit 678/Eureka/CA-299W towards downtown Redding. This becomes Shasta Street. Continue on Shasta Street approximately 7 blocks to West Street (West Street is just past Court Street). Cross over West Street and turn into the 2<sup>nd</sup> driveway on the left. We are located at 1945 Shasta Street.

From Eureka Way/CA-299 toward downtown Redding, turn right onto West Street, then take the first right onto Shasta Street. Turn into the 2<sup>nd</sup> driveway on the left. We are located at 1945 Shasta Street.